



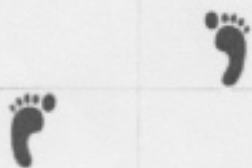
HEISOKU DACHI



MUSUBI DACHI



HEIKO DACHI



SEISAN DACHI



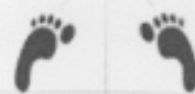
KIBA DACHI



SHIKO DACHI



HACHI JI DACHI



UCHI HACHI JI DACHI



SANCHIN DACHI



NEKO ASHI DACHI



KOKUTSU DACHI



ZENKUTSU DACHI

KARATE ROCKS STANCES



HAN ZENKUTSU



FUDO DACHI



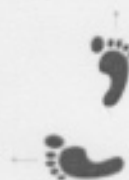
HIZA (MAZUKI) DACHI



KOSA DACHI



KOSA DACHI



TEI JI DACHI



TEI JI DACHI

Good Morning Ohayo go zaimasu

Good Afternoon Kon'Nich iwa

Good Evening Kon Ban wa